

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Advanced Tai Chi (CH) <b>1</b> 11:00 Catholic Mass (LH) 12:00 Beginner Tai Chi (CH) 2:30 Movie Matinee "Arthur the King" (LH) 7:30 Movie Repeat "Arthur the King" (LH)	10:15 Zumba Gold & Tone with Mary (LH) <b>2</b> 11:30 Labor Day Craft – Independent/No Instructor (CA) 2:30 Canterbury University (LH) 4:30 Informal Happy Hour (L6)  <i>Labor Day</i>	10:00 Yoga with Kandy (CH) <b>3</b> <i>11:00 Resident Council Meeting (LH)</i> 3:00 Singing Group (L1) 7:30 Netflix Movie Night "Wicked Little Letters" (LH)	10:00 Beginner Tai Chi (CH) <b>4</b> 11:00 Yoga with Ann (LH) <b>2:30 Guest Speaker Andrew Mattel (LH)</b> 4:30 Happy Hour (L6)	10:00 Gentle Chair Yoga with Jo (LH) <b>5</b> 11:30 Meditation with Ann (CH) 1:30 Scrabble (L6) 7:30 Netflix Movie Repeat "Wicked Little Letters" (LH)	10:00 Fitness with Susie (LH) <b>6</b> 11-11:15 Balance with Susie (LH) 2:00 Afternoon Tea (L) 4:30 Birthday Happy Hour! (L6)	10:00 Senior Strong Mix with Theresa (LH) <b>7</b> 11:00 Fitness (CH) 2:30 Mahjong (L6) 2:30 Movie Matinee "A Month by the Lake" (LH) 7:30 Movie Repeat "A Month by the Lake" (LH)
10:00 Advanced Tai Chi (CH) <b>8</b> 11:00 Catholic Mass (LH) 12:00 Beginner Tai Chi (CH) <b>1:00 Grandparents Day Bills Watch Party Bills vs Cardinals (L1)</b>  <i>Grandparents Day</i>	10:15 Zumba Gold & Tone with Mary (LH) <b>9</b> 11:30 Craft: Paper Cranes (CA) <i>1:00 Town Hall Meeting (LH)</i> 2:30 Canterbury University (LH) 4:30 Happy Hour (L6)  Salon Open – Mani/Pedi	10:00 Gentle Chair Yoga with Jon (LH) <b>10</b> 11:15 Grocery Trip: Lexington Co-Op 3:00 Singing Group (L1) <b>7:30 Music in Film with Charles Smith "E.T." (LH)</b>	10:00 Beginner Tai Chi (CH) <b>11</b> 11:00 Yoga with Ann (LH) 2:30 Canterbury University "Memorial Museums and the Challenge of Current Events" (LH) 4:30 Happy Hour (L6)	<b>9:15 Bus Leaving: Dracula, A Comedy of Terrors Matinee at Irish Classical Theatre</b> 11:30 Meditation with Ann (CH) 1:30 Scrabble (L6) 7:30 Movie Showing with Charles Smith "E.T." (LH) 8:15 Bills vs Dolphins (L1)	10:00 Fitness with Susie (LH) <b>13</b> 11-11:15 Balance with Susie (LH) 2:00 Afternoon Tea (L) 3:00 Anti-Racism Group Meeting (LH) 4:30 Informal Happy Hour (L6)	10:00 Senior Strong Mix with Theresa (LH) <b>14</b> 11:00 Fitness (CH) 2:30 Mahjong (L6) 2:30 Movie Matinee "Nebraska" (LH) 7:30 Movie Repeat "Nebraska" (LH)
10:00 Advanced Tai Chi (CH) <b>15</b> 11:00 Catholic Mass (LH) 12:00 Beginner Tai Chi (CH) 2:30 Movie Matinee "American Fiction" (LH) 7:30 Movie Repeat "American Fiction" (LH)	10:15 Zumba Gold & Tone with Mary (LH) <b>16</b> 11:30 Craft: Broken Jewelry Mosaics (CA) 2:30 Canterbury University (LH) 4:30 Happy Hour (L6)	10:00 Yoga with Kandy (CH) <b>17</b> <i>11:30 Cultural Arts Meeting (CA)</i> <b>1:30 Bus Leaving: Shopping &amp; Treats at Mayer Bros Cider Mill</b> 3:00 Singing Group (L1) 7:30 Netflix Movie Night "Enola Holmes" (LH)  Salon Open – Mani/Pedi	<b>Cancelled: Yoga with Ann</b> <b>18</b> 10:00 Beginner Tai Chi (CH) 2:30 Canterbury University (LH) 4:30 Happy Hour (L6)	<b>Cancelled: Gentle Chair Yoga</b> <b>19</b> <i>11:15 Coffee with Paul (LH)</i> 11:30 Meditation with Ann (CH) 1:30 Scrabble (L6) <b>3:30 Latin Dance Performance featuring Sarah Haykel (LH)</b> 7:30 Netflix Movie Repeat "Enola Holmes" (LH)	10:00 Fitness with Susie (LH) <b>20</b> 11-11:15 Balance with Susie (LH) <b>11:30 Annual Memory Walk</b> 2:00 Afternoon Tea (L) 4:30 Informal Happy Hour (L6)	10:00 Senior Strong Mix with Theresa (LH) <b>21</b> 11:00 Fitness (CH) 2:30 Mahjong (L6) 2:30 Movie Matinee "The Boys in the Boat" (LH) 7:30 Movie Repeat "The Boys in the Boat" (LH)  <i>Oktoberfest Begins</i>
10:00 Advanced Tai Chi (CH) <b>22</b> 11:00 Catholic Mass (LH) 12:00 Beginner Tai Chi (CH) 2:30 Movie Matinee "Cinema Paradiso" (LH) 7:30 Movie Repeat "Cinema Paradiso" (LH)  <i>Autumn Begins</i>	10:15 Zumba Gold & Tone with Mary (LH) <b>23</b> 11:30 Craft: Scherenschnitte/Paper Cutting (CA) 2:30 Canterbury University (LH) 4:30 Happy Hour (L6) 7:30 Bills vs Panthers (L1)  Salon Open – Hair Services	10:00 Yoga with Kandy (CH) <b>24</b> <i>10:30 Dining Committee Meeting (LH)</i> 11:15 Grocery Trip: Wegmans <b>3:30 Concert featuring Mary Ramsey &amp; Marc Rosen (L1)</b> 7:30 Netflix Movie Night "Matilda: The Musical" (LH)	<b>Cancelled: Yoga with Ann</b> <b>25</b> 10:00 Beginner Tai Chi (CH) 2:30 Canterbury University (LH) 3:00 Jeopardy! (AL) 4:30 Happy Hour (L6)	<b>Cancelled: Gentle Chair Yoga</b> <b>26</b> 11:30 Meditation with Ann (CH) <b>11:45 Bus Leaving: Lunch at AKG's Café Cornelia</b> <b>1:15 Bus Leaving: Marisol Exhibit Tour at the AKG</b> 1:30 Scrabble (L6) 7:30 Netflix Movie Repeat "Matilda: The Musical" (LH)	10:00 Fitness with Susie (LH) <b>27</b> 11-11:15 Balance with Susie (LH) 2:00 Afternoon Tea (L) 4:30 Informal Happy Hour (L6)  Salon Open – Mani/Pedi	10:00 Senior Strong Mix with Theresa (LH) <b>28</b> 11:00 Fitness (CH) 2:30 Mahjong (L6) 2:30 Movie Matinee "Robin Hood" (LH) 7:30 Movie Repeat "Robin Hood" (LH)
10:00 Advanced Tai Chi (CH) <b>29</b> 11:00 Catholic Mass (LH) 12:00 Beginner Tai Chi (CH) 2:30 Movie Matinee "Stripes" (LH) 7:30 Movie Repeat "Stripes" (LH) 8:20 Bills vs Ravens (L1)	10:15 Zumba Gold & Tone with Mary (LH) <b>30</b> 11:30 Brown Bag Booklet (CA) <b>2:30 Composer Talk with Charles Smith "Rakhmaninof (LH)</b> 4:30 Happy Hour (L6)	<h1>September 2024</h1> <h2>Gates Circle Independent Living Activity Calendar</h2>				

Key: L = Library, CH = Channel 1390, LH = Lunt Hall, L1 = 1<sup>st</sup> Floor Lounge, L6 = 6<sup>th</sup> Floor Lounge, CA = Cultural Arts Room, S = 1<sup>st</sup> Floor Art Studio, C = Café, AL = Assisted Living