

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2026

Gates Circle Independent Living Activity Calendar

10:00 Advanced Tai Chi (CH) 4 11:00 Catholic Mass (LH) 12:00 Beginner Tai Chi (CH) 2:30 Play Reading “Welcome to Sherwood Forest” (LH) 7:00 Movie Repeat “Beyond a Reasonable Doubt” (CH)	10:00 Fitness Video (CH) 5 11:00 Yoga with Ann (LH) 3:00 Canterbury University (LH) 4:30 Happy Hour (L6)	10:00 Fitness Video (CH) 6 <i>11:00 Resident Council (LH)</i> 1:00 Wegmans Grocery Trip (FL) 2:30 Mahjong (L6) 4:30 Armchair Travel (CH) 7:00 Movie Night “The Break-up” (LH&CH)	10:00 Beginner Tai Chi (CH) 7 11:00 Yoga with Jon (LH) 1:30 Jeopardy! (CA) 3:00 Canterbury University (LH) 4:30 Happy Hour (L6) 7:00 Latin Dance Performance featuring Sarah Haykel (LH)	10:00 Meditation with Ann (CH) 1 11:00 “Top Stories of 2025 with Tom Llamas” (CH) 1:30 Scrabble (L6) 2:30 Open Art Studio (CA) 7:00 Movie Repeat “The Apartment” (CH) New Year's Day	10:00 Fitness with Susie (LH) 2 11:00 Balance with Susie 2:00 Afternoon Tea & Hot Chocolate (L) 4:30 January Birthday Happy Hour! (L6)	10:00 Senior Strong Mix with Theresa (LH) 3 11:00 Knit-Wits Club (CA) 2:30 Movie Matinee “Downton Abbey: The Grand Finale” (CH&LH) 7:00 Movie Repeat “Downton Abbey: The Grand Finale” (CH)
10:00 Advanced Tai Chi (CH) 11 11:00 Catholic Mass (LH) 12:00 Beginner Tai Chi (CH) 2:30 Movie Matinee “Moulin Rouge!” (CH&LH) 7:00 Movie Repeat “Moulin Rouge” (CH)	10:00 Fitness Video (CH) 12 11:00 Yoga with Ann (LH) <i>1:00 Town Hall Meeting (LH)</i> 3:00 Canterbury University (LH) 4:30 Happy Hour (L6) 7:00 Mary Ramsey & Joe Rozler (L1)	10:00 Fitness Video (CH) 13 11:00 Tech Help with Alex (CA) 1:00 Wegmans Grocery Trip (FL) 2:30 Mahjong (L6) 4:30 Armchair Travel (CH) 7:00 Movie Night “The Patriot” (LH&CH)	10:00 Beginner Tai Chi (CH) 14 11:00 Yoga with Jon (LH) 1:30 Musical BINGO! (CA) 3:00 Canterbury University (LH) 4:30 Happy Hour (L6)	10:00 Meditation with Ann (CH) 15 11:00 Shopping Trip: Marshall’s (FL) 1:30 Scrabble (L6) 2:30 Crafting: Sock Snowmen (CA) 7:00 Movie Repeat “The Break-Up” (CH)	10:00 Fitness with Susie (LH) 9 11:00 Balance with Susie 2:00 Afternoon Tea & Hot Chocolate (L) 4:30 BYO Sip & Socialize (L6)	10:00 Senior Strong Mix with Theresa (LH) 10 11:00 Knit-Wits Club (CA) 2:30 Movie Matinee “All The King’s Men” (LH&CH) 7:00 Movie Repeat “All the King’s Men” (CH)
10:00 Advanced Tai Chi (CH) 18 11:00 Catholic Mass (LH) 12:00 Beginner Tai Chi (CH) 2:30 Movie Matinee “The Godfather” (LH&CH) 7:00 Movie Repeat “The Godfather” (CH)	10:00 Fitness Video (CH) 19 11:00 Yoga with Ann (LH) 12:15 AKG MLK Day Event (FL) 3:00 Canterbury University (LH) 4:30 Happy Hour (L6) Martin Luther King Jr. Day	10:00 Fitness Video (CH) 20 <i>11:30 Cultural Arts Meeting (CA)</i> 1:00 Wegmans Grocery Trip (FL) 2:30 Mahjong (L6) 4:30 Armchair Travel (CH) 7:00 Movie Night “Honeymoon in Vegas” (LH&CH)	10:00 Beginner Tai Chi (CH) 21 11:00 Yoga with Jon (LH) 1:30 Are You Smarter than a 5th Grader? (CA) 3:00 Canterbury University (LH) 4:30 Happy Hour (L6)	10:00 Meditation with Ann (CH) 22 11:00 Shopping Trip: Target (FL) 1:30 Scrabble (L6) 2:30 Painting Workshop with Rio (CA) 7:00 Movie Repeat “Honeymoon in Vegas” (CH)	10:00 Fitness with Susie (LH) 23 11:00 Balance with Susie 2:00 Afternoon Tea & Hot Chocolate (L) 4:30 BYO Sip & Socialize (L6)	10:00 Senior Strong Mix with Theresa (LH) 24 11:00 Knit-Wits Club (CA) 2:30 Movie Matinee “Mamma Mia!” (CH&LH) 7:00 Movie Repeat “Mamma Mia!” (CH)
10:00 Advanced Tai Chi (CH) 25 11:00 Catholic Mass (LH) 12:00 Beginner Tai Chi (CH) 2:30 Movie Matinee “Footloose” (LH&CH) 7:00 Movie Repeat “Footloose” (CH)	10:00 Fitness Video (CH) 26 11:00 Yoga with Ann (LH) 2:00 Road Scholar Live Zoom Lecture (LH) 4:30 Happy Hour (L6) Australia Day (Observed)	10:00 Fitness Video (CH) 27 <i>10:30 Dining Committee (LH)</i> 11:00 Tech Help with Alex (CA) 1:00 Wegmans Grocery Trip (FL) 2:30 Mahjong (L6) 4:30 Armchair Travel (CH) 7:00 Movie Night “An Inconvenient Truth” (LH&CH)	10:00 Beginner Tai Chi (CH) 28 11:00 Yoga with Jon (LH) 1:30 Musical BINGO! (CA) 3:00 Canterbury University (LH) 4:30 Happy Hour (L6)	10:00 Meditation with Ann (CH) 29 <i>11:00 Coffee with Paul (LH)</i> 12:00 Road Scholar Live Zoom Lecture (LH) 1:30 Scrabble (L6) 2:30 Wax Candle Painting (CA) 7:00 Movie Repeat “An Inconvenient Truth” (CH)	10:00 Fitness with Susie (LH) 30 11:00 Balance with Susie 2:00 Afternoon Tea & Hot Chocolate (L) 3:30 Paint & Sip with Alex (CA) 4:30 BYO Sip & Socialize (L6)	10:00 Senior Strong Mix with Theresa (LH) 31 11:00 Knit-Wits Club (CA) 2:30 Movie Matinee “Catch Me if You Can” (LH&CH) 7:00 Movie Repeat “Catch Me if You Can” (CH)

Key: L=Library / CH=Channel 1390 / LH=Lunt Hall / L1=1st Floor Lounge / L6=6th Floor Lounge / CA=Cultural Arts Room / AL=2nd Floor AL Activity Room

