

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



July 2026

Gates Circle IL Activity Calendar

<p>10:00 Advanced Tai Chi (CH) 5 11:00 Catholic Mass (LH) 12:00 Beginner Tai Chi (CH) 2:30 Movie Matinee "Oklahoma!" (LH) 7:00 Movie Repeat (CH)</p>	<p>9:30 Deion's Circuit Class (LH) 6 11:00 Yoga with Ann (LH) 11:00 Speedbag Training (FC) 1:30 Cornhole (TBD) 3:00 Canterbury University (LH) 4:30 Birthday Happy Hour! (L6) 1-4 App Help with Hannah (L)</p>	<p>10:00 Zumba & Resistance (LH) 7 <i>11:00 Resident Council (LH)</i> 1:00 Wegmans Trip (FL) 1:30 Mahjong (L6) 3:00 Stairway to Heaven (CA) 4:30 Entertainment featuring Jamie & Judd Sunshine (L1) 7:00 Movie Night "You've Got Mail" (LH)</p>	<p>Cancelled: Yoga with Jon & Deion's Classes Spa Open by apt. only 12:00 Fleurette's (CA) 1:30 Musical BINGO! (CA) 3:00 Canterbury University (LH) 4:30 Happy Hour (L6) <p style="text-align: center;"><small>Canada Day</small></p> </p>	<p>Salon Open by apt. only 2 9:30 Meditation with Ann (CH) 10:00 Zumba & Resistance (LH) 1:30 Scrabble (L6) 2:30 Pastels Workshop with Rio Mansour (CA) 7:00 Movie Repeat "Under the Tuscan Sun" (CH)</p>	<p>Cancelled: Fitness with Susie 3 10:00 Fitness Video (CH) 11:00 Morning Craft Session: Holiday Burlap Banner (CA) 2:00 Afternoon Tea (L) 4:30 BYO Sip & Socialize (L6)</p>	<p>10:15 Senior Strong Mix (LH) 4 11:00 Knit-Wits Club (CA) 1:00 Fleurette's (CA) 2:30 Movie Matinee "The Sandlot" (LH) 7:00 Movie Repeat (CH) <p style="text-align: center;">11am-2pm Fourth of July Cookout <small>Independence Day (U.S.)</small></p> </p>
<p>10:00 Advanced Tai Chi (CH) 12 11:00 Catholic Mass (LH) 12:00 Beginner Tai Chi (CH) 2:30 Movie Matinee "Saving Mr. Banks" (LH) 7:00 Movie Repeat (CH)</p>	<p>9:30 Deion's Circuit Class (LH) 13 11:00 Yoga with Ann (LH) 11:00 Speedbag Training (FC) <i>1:00 Town Hall Meeting (LH)</i> 3:00 Canterbury University (LH) 4:30 Trivia Happy Hour (L6) 7:00 Performance featuring Mary Ramsey & Joe Rozler (L1) 1-4 App Help with Hannah (L)</p>	<p>10:00 Zumba & Resistance (LH) 14 1:00 Wegmans Trip (FL) 2:00 Mahjong (L6) 3:00 Stairway to Heaven (CA) 7:00 Movie Night "Buffalo 66" (LH) <p style="text-align: center;"><small>Bastille Day</small></p> </p>	<p>Spa Closed 15 9:30 Deion's Circuit Class (LH) 11:00 Yoga with Jon (LH) 11:00 Speedbag Training (FC) 12:00 Bus Leaving: Waterfront Lunch at Lumberjack's Grill (FL) 12:00 Fleurette's (CA) 3:00 Canterbury University (LH) 4:30 Happy Hour (L6)</p>	<p>Salon Closed 16 9:30 Meditation with Ann (CH) 10:00 Zumba & Resistance (LH) 1:30 Scrabble (L6) 2:30 Crafting: Summer Mason Jar Lantern (CA) 7:00 Movie Repeat "Buffalo 66" (CH)</p>	<p>10:00 Fitness with Susie (LH) 17 10:00 Bus Leaving: Pastels with Rio at the Buffalo Zoo (FL) 11:00 Balance with Susie (LH) 2:00 Afternoon Tea (L) 4:30 BYO Sip & Socialize (L6)</p>	<p>10:15 Senior Strong Mix (LH) 18 11:00 Knit-Wits Club (CA) 12:00 Lawn Games (TBD) 1:00 Fleurette's (CA) 2:30 Movie Matinee "Killers of the Flower Moon" (LH) 7:00 Movie Repeat (CH)</p>
<p>10:00 Advanced Tai Chi (CH) 19 11:00 Catholic Mass (LH) 12:00 Beginner Tai Chi (CH) 2:30 Movie Matinee "Gone With the Wind" (LH) 7:00 Movie Repeat (CH)</p>	<p>9:30 Deion's Circuit Class (LH) 20 11:00 Yoga with Ann (LH) 11:00 Speedbag Training (FC) 1:30 Cornhole (TBD) 3:00 Summer Art Share (LH) 4:30 Happy Hour (L6) 1-4 App Help with Hannah (L)</p>	<p>10-2 Marketing Event (LH) 21 10:00 Zumba & Resistance (LH) <i>11:30 Cultural Arts Meeting (CA)</i> 1:00 Wegmans Trip (FL) 2:00 Mahjong (L6) 3:00 Stairway to Heaven (CA) 7:00 Movie Night "Freedom Writers" (LH)</p>	<p>Spa Open by apt. only 22 9:30 Deion's Circuit Class (LH) 11:00 Yoga with Jon (LH) 11:00 Speedbag Training (FC) 12:00 Fleurette's (CA) 1:30 Jeopardy! (CA) 3:00 Canterbury University (LH) 4:30 Happy Hour (L6)</p>	<p>Salon Open by apt. only 23 9:30 Meditation with Ann (CH) 10:00 Zumba & Resistance (LH) 1:30 Bus Leaving: CW Renaissance Fair (FL) 1:30 Scrabble (L6) 2:30 Open Art Studio (CA) 7:00 Movie Repeat "Freedom Writers" (CH)</p>	<p>10:00 Bus Leaving: Buffalo River Cruise & Lunch (FL) 24 10:00 Fitness with Susie (LH) 11:00 Balance with Susie (LH) 2:00 Afternoon Tea (L) 4:30 BYO Sip & Socialize (L6)</p>	<p>9:30 Bus Leaving: Buffalo Garden Walk (FL) 25 10:15 Senior Strong Mix (LH) 11:00 Knit-Wits Club (CA) 11:30 Guest Speaker Author Mark Goldman (LH) 1:00 Fleurette's (CA) 2:30 Movie Matinee "Christy" 7:00 Movie Repeat (CH)</p>
<p>10:00 Advanced Tai Chi (CH) 26 11:00 Catholic Mass (LH) 12:00 Beginner Tai Chi (CH) 2:30 Movie Matinee "The Birdcage" (LH) 7:00 Movie Repeat (CH)</p>	<p>9:30 Deion's Circuit Class (LH) 27 11:00 Yoga with Ann (LH) 11:00 Speedbag Training (FC) 1:30 Cornhole (TBD) 3:00 Canterbury University (LH) 4:30 Happy Hour (L6) 7:00 Concert featuring Cellist Alex Cousins (LH) 1-4 App Help with Hannah (L)</p>	<p>10:00 Zumba & Resistance (LH) 28 <i>11:15 Dining Committee (LH)</i> 1:00 Wegmans Trip (FL) 2:00 Mahjong (L6) 3:00 Stairway to Heaven (CA) 7:00 Movie Night "A Midsummer Night's Dream" (LH)</p>	<p>Spa Open by apt. only 29 9:30 Deion's Circuit Class (LH) 11:00 Yoga with Jon (LH) 11:00 Speedbag Training (FC) 12:00 Fleurette's (CA) 1:30 Musical BINGO! (CA) 3:00 Canterbury University (LH) 4:30 Happy Hour (L6)</p>	<p>Salon Open by apt. only 30 9:30 Meditation with Ann (CH) 10:00 Zumba & Resistance (LH) <i>11:15 Coffee with Paul (LH)</i> 1:30 Scrabble (L6) 2:30 Pastels Workshop with Rio Mansour (CA) 4:30 Bus Leaving: CW Gala (FL) 7:00 Movie Repeat (CH)</p>	<p>10:00 Fitness with Susie (LH) 31 11:00 Balance with Susie (LH) 2:00 Afternoon Tea (L) 3:15 Book Club (L) 4:30 BYO Sip & Socialize (L6)</p>	<p>See Uniguest or the Front Desk Daily Schedule for any changes!</p> 

Key: L=Library / CH=Channel 1390 / LH=Lunt Hall / L1=1st Floor Lounge / L6=6th Floor Lounge / CA=Cultural Arts Room / AL=2nd Floor Assisted Living Activity Room / FL = Gather in Front Lobby / FC=Fitness Center